

Description: Social Presencing Theater (Session Format: Activity ID 147)

This workshop provides the opportunity for participants to engage in learning and experiencing a Social Presencing Theater (SPT) activity. This activity can be utilized in a teaching situation, an organizational setting, or a general situation that requires individual mindfulness to increase awareness of the “social body.” SPT is an activity that provides a person, a team, or an organization, information regarding patterns and relationships that may be “stuck” in a system and offers methods for creating systems that serve the well being of all. The use of non-verbal techniques to inquire into “stuck” situations in one’s professional and organizational life lead to surprising insights and possibilities. SPT is not theater in the traditional sense; it involves body postures, movement, and some discussion to reduce boundaries, enhance communication, and to make visible where we are and where we want to go. The workshop’s teaching implications include the development of a person’s knowledge base regarding facilitation techniques, an “outright” application of lessons learned in a person’s life space, and the modeling of effective teaching and learning interaction.

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